

# Stratton Wood and Stanton Park

## Let's walk

Explore across both sites on the extensive network of marked trails. There are walks to suit all ages and abilities, and so much to discover.

### Footprint Trail

(2 hours) This 3.3 mile stroll takes in all the highlights across the two sites: mature woodlands, wildflower meadows, community orchards, the lake and visitor centre at Stanton Park.

### Leaf Trail, Stratton

(15 mins) This short 0.7 mile circular walk on a surfaced path gives a taste of Stratton's lovely woodland – perfect for little legs and buggies.

### Leaf Trail, Stanton

(35 mins) This 1 mile walk takes you through Stanton's Great Wood and along Kingsdown Lane, a long established 'green lane' flanked by trees and hedgerows. Not suitable for pushchairs.

### Minibeast Trail, Stratton

(45 mins) A longer walk of 1.8 miles which skirts Stratton Wood's wildflower meadows, providing a visual feast in spring and summer, and plenty of opportunities for wildlife spotting.

### Minibeast Trail, Stanton

(30 mins) A 1 mile walk along surfaced paths through woodland, mature parkland, reed beds and ponds, offering stunning vistas across the lake, open parkland and grazed meadows.



Ox-eye daisies, meadow crane's-bill, clover and pyramidal orchids produce a riot of colour in summer.



- Footprint trail
- Leaf trail
- Minibeast trail
- Other trails
- P Car park
- 🏠 Toilets and tea room  
(Open 10.30am - 4.30pm every Sat and Sun, Easter to Sept, and Sun only Sept to Easter.)



Walk quietly through the woodlands and you may come across a shy roe deer peering through the meadow grass or trees.



Pipistrelle bat

As sunset nears, watch out for bats darting over the water of Stanton Lake as they begin their nocturnal insect hunt.



In spring, cowslips and buttercups bring swathes of sunshine yellow to Stratton Wood's two wildflower meadows.

Images: WTML/ Amy Lewis, Northeastwildlife.co.uk, Robiller Naturlichter, Anna Badley, Jill Jennings, Pete Holmes, Andrew Henry, Fran Hitchinson, Brian Seaman