



# The National Forest

**6 OR 9 MILES**  
**3 OR 4 HOURS**  
**EASY**

## 1 START

From Coton Wood car park, go through far gate. When path divides, take L fork, which bends round to R. Swing L through hedge and turn R at crossroads, keeping hedge on R round perimeter until stile and bridge on R. Cross second stile and, when hedge on R ends, head for stile in middle of opposite hedge. Cross farm track and stile, then head for stile on opposite side. You are now at the furthest point from the sea in the British Isles. Cross next field to road and turn R. Go over crossroads to Grangewood Farm, on L after 200m.

## 2 1 MILE

Cross Sisters Wood to stile. Follow grass track ahead, taking R fork, towards mature trees. Go uphill into Top Wood, cross stile and follow wood edge to track.

## 3 1½ MILES

For the 6-mile circuit, turn L to road. Turn L again and at T-junction turn R, then immediately L down side of garage into Beehive Wood. Take second grass track on

R to lake. Go round left side to parking area and head for road. Just before exit, bear L into field and follow path into woodland. Walk up slope and go L around lake. At far end, drop down on to path, go through gap and follow sunken track to stile. Go L, crossing field straight ahead to unopenable gate and stile. Cross next field, aiming for cream-coloured house, to kissing gate and road. Follow Elms Road to Church Street. Turn R and immediately L into Greenacre Park. Go through retirement village and along track to R of garages. Pass through narrow field to kissing gate at end. Turn R on to track and follow it round to L into Hill Close Copse. Swing away from hedge, keeping ditch on L, and go through wet area and under pylon with pond on R. Turn L over brook and L again into Garlands Wood. Go past lake on L and after 300m cross brook, then continue until road. Turn L and after 20m turn R over stile into Coton Wood. Turn immediately L and follow hedge back to car park.

Turn R, cross stile and at crossroads turn L. Go past gate, down line of poplar trees through Long Close Wood, and under railway bridge. Turn R along pipeline, then go over two stiles on to track leading on to Colliery Lane. Continue on, past Linton Village Orchard, before joining Main Street.

Turn R for 600m and then L into Foxley Wood on Waterfalls Lane.

## 4 3½ MILES

Follow path into wood, turn R at T-junction and L at hedge. Exit wood and turn R on to Main Street. Turn L at T-junction on to Caldwell Road. After 400m, past disused railway, go through gate on R and head for gate in bottom corner. Go along side of next field, over gate, across field to third gate (by telegraph pole), down muddy track to farmyard. Keeping all barns on L, head for gate leading on to road. Turn L and at crossroads go straight over into Church Lane. At end, by Norman church, go through gate and down track. Take R fork, keeping wood on L, and go over stream into Rosliston Wood. Follow waymarkers to visitors' centre.

## 5 6½ MILES

Follow all-abilities trail, going downhill past barbecue area, on to hide and through gap in hedge. Turn R along Transco extension track, through gate and into Rosliston.

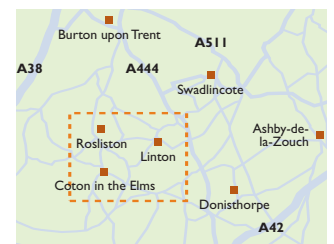
## 6 7½ MILES

Turn R and then L at T-junction into Catton Lane. Just after houses, go through gap in hedge and turn R. After overgrown pond on L, turn R at telegraph pole and, keeping hedge on R, follow field-edge path to cross footbridge. Continue on across second

bridge. Turn sharp L and follow field edge with hedge on L. Pass through gap at corner and continue up track, with hedge now on R, to exit field through gate.

## 7 8½ MILES

Turn L into Coton. Carry straight on to return to car park.



## TERRAIN

Mostly grassland tracks with short stretches along quiet roads. Muddy in places, with gentle undulations. There are 10 stiles and one unopenable gate on the main route; nine stiles and one unopenable gate on the shorter one.

## PARKING

Coton Wood car park (grid reference SK245148)

## PUBLIC TRANSPORT

Buses: Arriva Midlands North 22 goes from Swadlincote to Burton upon Trent via Linton, Coton in the Elms and Rosliston Forestry Centre. For timetable enquiries, call 0870 608 2608. Trains: the nearest train station is in Burton upon Trent. For rail enquiries, call 0845 748 4950.

## REFRESHMENTS

The following are all on route: Red Lion, Linton (grid reference SK275167; telephone 01283 761396) Square & Compass, Linton (grid reference SK272167; telephone 01283 761442) Falcon Restaurant, Rosliston Forestry Centre (grid reference SK243175; telephone 01283 538909) Bullshead, Rosliston (grid reference SK242168; telephone 01283 761705) Honey Pot Tea Rooms, Beehive Farm, Rosliston (grid reference SK250161; telephone 01283 763980) Shoulder of Mutton, Coton in the Elms (grid reference SK243153; telephone 01283 761367)

## ACCOMMODATION AND TOURIST INFORMATION

Burton upon Trent Tourist Information Centre (telephone 01283 508111 or visit [www.eaststaffsbcc.gov.uk/burton/tourism](http://www.eaststaffsbcc.gov.uk/burton/tourism))

## MAPS

Ordnance Survey Explorer 245, Landranger 128 (visit [www.woodland-trust.org.uk/woods](http://www.woodland-trust.org.uk/woods) to buy on-line)

## OTHER WOODS TO VISIT

See the Our Woods section on the Trust's website at [www.woodland-trust.org.uk](http://www.woodland-trust.org.uk) or the *Exploring Woodland* guide for the Peak District and Central England (£5.99 in all good bookshops; £4.99 via our website or ring 0800 056 0643).

