

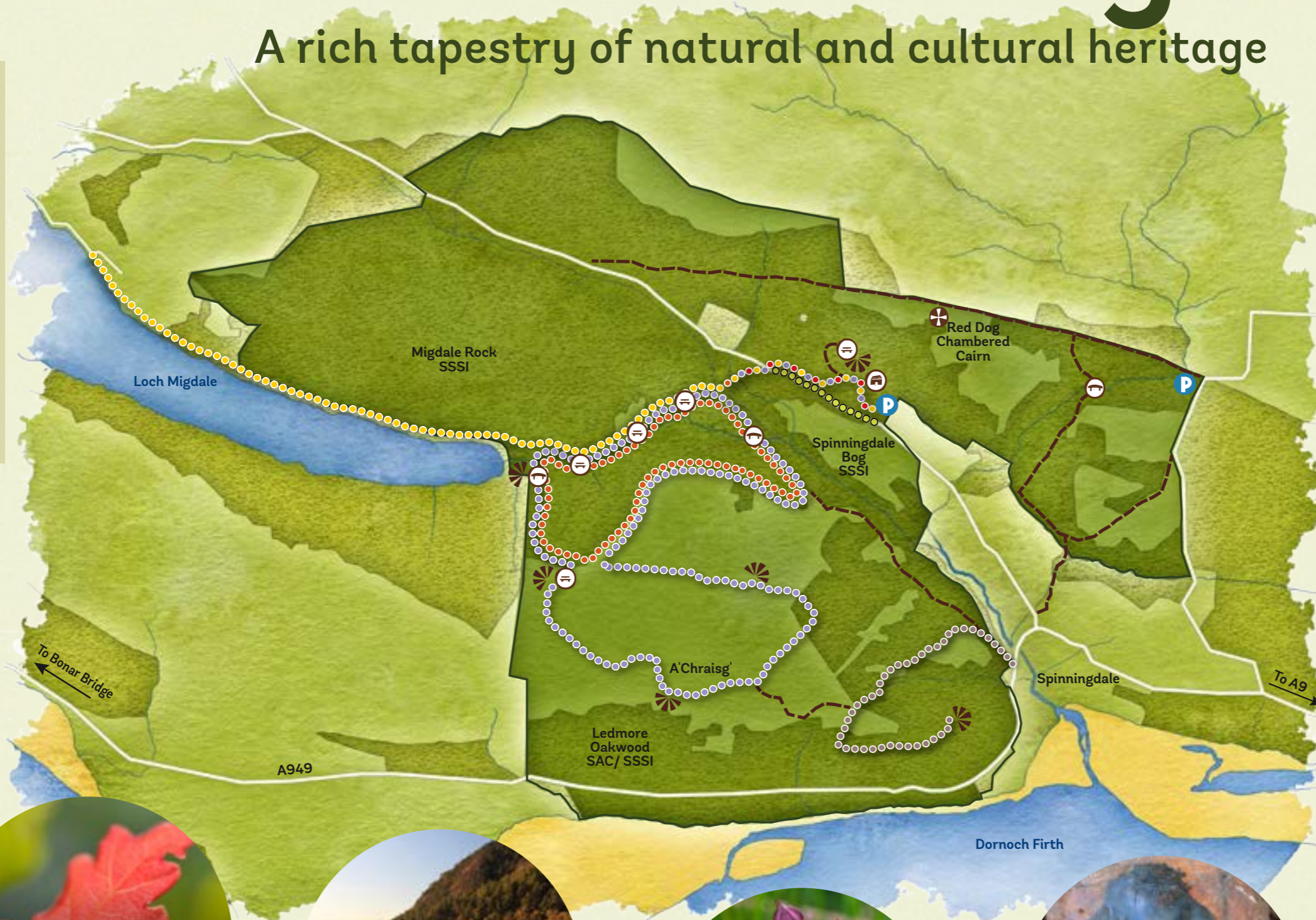
Ledmore and Migdale

A rich tapestry of natural and cultural heritage

- Parking
- Cairn
- Viewpoint
- Bench
- Bridge
- Torroy
- Path/track
- Easy access

N

500m



Loch Migdale

A there and back walk to the loch shore, through pine wood where Canadian Foresters lived and worked during the Second World War.

Firm, wide, grassy path with gravelly and rough sections. One set of steps and one narrow kissing gate. Both can be avoided by taking the tarred road to the junction, which goes through one gate or crosses a cattle grid. Short moderate slopes, slippery during wet weather.

moderate

3.5km/
2 miles
one way
Allow up to 1hr

A'Chraigs

A loop through the woods and onto open moorland for a spectacular panorama across Scotland.

Firm, wide paths with occasional rough and boggy sections. Grassy and gravel surfaces often moderately sloped with one steep slope above Loch Migdale to the top of the hill of 1km/0.5m with a bench part-way-up.

strenuous

7km/
4.5 miles
Allow up to 2.5hrs

Honest George's circuit

Follow in the footsteps of George Dempster MP (1732-1818) a reforming landlord and tree enthusiast.

Firm, wide path with occasional rough and boggy sections. Grassy and gravelly surfaces often moderately sloped and with one long steep slope above Loch Migdale with a bench at the top.

strenuous

4km/
2.5 miles
Allow up to 1.5hrs

Spinningdale View

Explore the ancient oakwood and make your way out to a breath-taking view of Spinningdale and the Dornoch Firth beyond.

Firm, wide steep gravel path leading to narrow uneven grassy path with moderate slopes. Grassy path can be slippery in wet weather.

strenuous

1.5km/
1 mile
one way
Allow up to 1hr



Explore one of the most northerly oak woods in the UK on the 'Spinningdale view' walk, or take a drive through it on the A949 to Bonar Bridge.



Take the 'Loch Migdale' path to take in this fantastic view that changes by the hour. These rocks are home to rare flowers found in few other locations in the country.



Spinningdale Bog is the only valley mire in East Sutherland, a rare and valuable habitat. It is home to rare plants, sedges, sphagnum mosses and dragonflies.



The two benches on A'Chraigs have been handcrafted by Ardgay Craftsman Bill Ross, who captures something from the landscape or the wildlife of the wood to inspire the design. Take the time to admire these works of art.